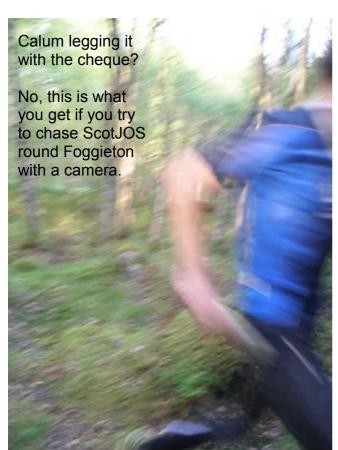






Spot the kite(s) competition anyone? See Helen's WTOC 2012 report p4. (Ewen also sent me some "puzzle pics" and if I can find a few spare minutes I'll put them on the website for you to have a go at Trail O from the comfort of your armchair. Ed.)







# **CHAIRMAN'S CHAT – JULY 2012**

Summer Holidays are upon us and weekend orienteering takes a bit of a break. This makes sense when more folk are needed to put on the bigger events and the terrain often suffers from high bracken but this just means the focus goes onto our Wednesday evening events. So far, the ones I've been to this year have been fun to run and also a great chance for some informal catching up with club mates. For once, the weather was kind to us at Balmedie and the annual BBQ was a very enjoyable evening – thanks to Helen and Stuart for getting the BBQ fired up and tidying up after.

There's also time to reflect on what was, for me at least, a very intense Scottish Championships Weekend. The Jubilee 5 format meant that both Gramp and Maroc had a lot to do. 'Our' big day, the Relays, passed off very well with plenty of appreciative comment. As Co-organiser with Rachel, we were able to rely upon the invaluable help from club members, a number of whom made the trip out to Braemar just to help on the day. This sort of selfless and unfussy help often goes unnoticed but I want to put on record our thanks and appreciation to all of you as well as to those who helped around their runs. Ian Searle, with lots of help from Ewen Rennie, planned excellent courses making the most of what was, on initial view, a fairly unpromising area. They both also offered to camp out in Assembly meaning that we could safely put up tents the night before, easing the on-the-day work enormously. Oh, and we won two of the classes as well! Congratulations to those teams and a big tick to Evgueni for getting the team selections spot on.

In addition to the Relays, Richard Oxlade and Rob Hickling staged the Mountain Bike event, Dave Armitage controlled the Individuals and I controlled the Middle Distance race. I have to say, whilst that just added to the workload, it was great fun – it's probably the only time I'll ever be able to say I've completed a 70 control course in less than 2 hours.

So, next big event on the list for the club is the SOL Race at Forvie in early September. We've finally just got permission so it's full steam ahead for Helen Anderson, Organiser and Richard Oxlade (another glutton for punishment) as Planner. Get in touch with them early to offer your assistance.

A final note: Once again, GRAMP members have played leading roles in another major Scottish (nay, International) event. Anne Hickling has put a mountain of work (a lot of it quite stressful, I understand) into Organising the World Trail-O Championships based in Dundee/Fife ably assisted by other club members. Well done Anne, at least you'll not be asked to do that again for a long time!

Pete

#### **WTOC 2012**

The World Trail Orienteering Championships 2012 were held in Tayside in early June. Competitors from 23 countries were entered for the championships, the furthest travelled being from Japan. Helpers for the event came from every corner of the UK, several of us were from Gramp as our arms had been twisted by the event organiser, our very own Anne Hickling.

The trail version of orienteering has several kites at each control point. Competitors view these kites from a viewing area and have to ascertain which one corresponds to the position and control description given on the map. Perhaps this sounds relatively easy, but with some expert course planning and the possibility that none of the kites are in the 'correct' position TrailO/TempO is not as straightforward as it first appears.

The first day of the event took place at Camperdown Park in Dundee. The event was a TempO, this being the sprint version of TrailO. All the controls on the course are timed with a penalty of 30 seconds for each wrong answer, however competitors are only timed at the controls, the time they take to travel between controls is not recorded. The great Scottish weather lived up to its reputation and rained for the entire day. This did not seem to dampen the competitors' spirits, there was a wonderful atmosphere. My job for the day was as a timer, based at the most scenic control I have ever seen (picture on page 2 so you all get it in glorious technicolour), this certainly helped to make up for the persistent rain.

On the following day the competition moved across the Tay to Tentsmuir where the TrailO events were to be held. There was no competitive element to the courses on this day, it served as a model event to allow competitors to get a feel for the area and terrain.

The first day of the TrailO competition involved the competitors and helpers being 'minibused' almost three miles along bumpy forest tracks to the start/finish area. The ratio of helpers:competitors is high for TrailO as each competitor who uses a wheelchair requires an escort to ensure they are able to manoeuvre safely around the course. Foss and Anne enlisted the help of senior pupils of St Andrew's Madras College for this task, Foss was able to put her newly acquired skills of minibus driving to good use ferrying the youngsters to and from the event. Following the competition the declared result was challenged by some of the competitors as they did not agree with the placement of kites at one of the controls. The ensuing discussions between event and team officials resulted in one of the controls being voided and a slight change in the overall result.

The second and final day of the competition again started with competitors and helpers being transported to a remote start. A large number of the helpers for this day were from the Gramp club (those not daft enough to be competing in the LAMM), we were also joined by ScotJos who were holding a training event close by. The TrailO course was in two parts with 600m between the first finish and the second start. I was assisting a Russian lady around the course, my Russian skills were on a par with her English skills (none!) so when she signalled that we needed to hurry between the two parts of the competition I found myself trying to sprint whilst pushing her along, it was only after about 400m she remembered that the overall time allowed to complete the course did not include this section, and so she allowed me to slow down (I now know how to curse in Russian).

On return to the assembly area excitement was mounting with the results board being closely monitored by competitors. ScotJos had a stall selling cakes which was doing a roaring trade,

even the sun decided to put in an appearance. When the provisional results were made available to the teams a protest was made. The international adjudicators had to meet once more and this time the overall result was not affected. Ola Jansson of Sweden won the paralympic class and his fellow countryman Stig Gerdtmann won the open class. The Finnish team were victors in the team event preventing a clean sweep by the Swedes who were in second place. Yet more helpers were required to assist with the medal ceremonies and it was lovely to see members of ScotJos assisting with this task.

Back at the event centre the Championships were brought to a conclusion with a very enjoyable banquet and ceilidh.

My four days spent helping at this International event was a great experience, even allowing for the weather. The camaraderie between competitors and helpers was superb, the feedback from the competitors was all positive. Anne I know that Grampian Orienteers are proud of you for organising such a prestigious event so well.

Helen Anderson

What Helen neglects to report on is a fantastic GRAMP success in the Public Class at WTOC2012. Foss (current BOF ranking 2232) warmed up with some TempO on Wednesday before having a stormer on Day 1 at Tentsmuir coming 7th overall beating both Nick Barrable (44) and Sarah-Jane Gaffney (714). Now there's a result you wouldn't predict and Foss must be dead chuffed!



The international field of competitors appreciated the warm Scottish hospitality even if the weather was dreich – maybe Neil will explain what the joke was about in the next Telegramp? Ed.

#### **CLUB CONTACTS**

\* = committee member

Chairman Pete Lawrence\* chairman@ grampoc.com
Secretary lan Hamilton \* secretary@ grampoc.com
Treasurer Kevin Reynard\* treasurer@ grampoc.com
Mapping Stuart Anderson mapping@ grampoc.com
Emit kit & club archive Rob Hickling historian@ grampoc.com

Fixtures fixtures@ grampoc.com

Helen Rowlands (Fixtures Coordinator and Officials)

Adrian Will\* (Fixtures Permissions)

Mark Stockton (Fixtures Registration/Levy returns BOF)

MembershipJayne McGregor\*membership@ grampoc.comNewsletterRachel Scottnewsletter@ grampoc.comWebsiteRachel Scottwebmaster@ grampoc.com

Coaching Ali Robertson\*
Child Protection Sean O'Sullivan\*
Social Helen Anderson
Publicity Sam Gomersall\*

Three new names on the list. Thanks for getting involved folks. Planners and organisers take note in case you need to get hold of these people and everyone else take note and do your best to assist these guys if they ask for help, especially Helen!

Or you can now use the contact forms on the website as well as these email addresses.

Have you spotted the "Follow" button bottom right on the new website where you can sign up to get new posts sent to you by email? And the search facility at the top?

members@ grampoc.com if you want to share something with the rest of us but keep it O related please – car sharing, second hand kit, news of events you think we'd enjoy....

Deadline for articles, photos and news for next TG is **31st August** please. Emails to newsletter@ grampoc.com or post to 40 Ann St, Stonehaven, AB39 2DB

If you'd prefer to receive Telegramp in .pdf format rather than by post tell me (same contacts as above) and I'll add you to the list.

The advantages of .pdf are full colour version, you get it a few days earlier and you'll be helping the planet and club funds by saving on paper and postage.

The disadvantages? You can't read it in the bath while having a long, hot post-O soak unless you want to risk your iPad ;-)

### Commentary and music at big events

It was with some trepidation that I skimmed Nopesport following Jubilee Five looking for feedback on the Scottish Relay Championships. Sometimes, in amongst the praise and constructive criticism (we like that!), there's a very odd bee gets lodged in the collective bonnet about something which you haven't considered at all but seems to whip certain contributors into a frenzy of emotional and strongly-worded posting (we don't like this! - it's hard not to take it too personally if it's something you've spent hours working on and your patience and thick skin has been rubbed a little thinner by the recent event).

This time the feedback on the Relays was all praise for lan's short but technically testing courses around the lower slopes of Creag Choinnich. Nobody appeared to have been phased by my major niggle prior to the event which was how to squeeze the unusually high volume of 1<sup>st</sup> Leg runners (swollen by entries from south of the border) along the relatively narrow finish run-in 'corridor', to spread them out a bit before negotiating a collapsed fence to get out into the forest. On the day, nobody got crushed in the stampede and even if the ground didn't actually shake as they took off, there was a satisfying rumbling noise of hundreds of Inov8s/Integrators/V Js/Walshes pounding past the results tent.

What I did notice on Nopesport was a high number of posts regarding the commentary and music at the 3 Jubilee Five events that had it. Actually, this is not such an odd bee as it's something that many club members present at J5 also commented on and I thought it would be interesting to canvas the rest of the club so.... there's a wee questionnaire on the website if you want to give us your thoughts: <a href="http://wp.me/p1zVob-t0">http://wp.me/p1zVob-t0</a>

Even if you haven't been to a big orienteering event with commentary and music you'll maybe have been to other sporting events that do which you could use as a benchmark instead?

- Do you listen to the commentary?
- Or do you consider it an annoying noise drowning out your own conversations and intruding on your concentration?
- Or does it help you feel more involved in the event and help keep you informed of how top runners are doing?
- Too much emphasis on the Elite?
- Do you like having music when the commentary isn't going?
- What sort of music would you prefer? Loud, upbeat, motivating or guieter and calming?
- Or would you appreciate a bit of silence every now and then? Or all the time?

Both Maroc and Gramp were learning on the job when it comes to PA systems (electrical ones that is as we often use our very own Perambulating Announcer, aka Ewen) and there was quite a bit of discussion amongst the J5 Organisers during the early stages as to whether to have them at all.

Against: it's not cheap to hire a decent rig & it's difficult to find someone to man the mic For: it seems to be expected at major events as part of the atmosphere

As we were trying to put on a major event rather than 'just' the Scottish Champs, we plumped in favour eventually. At the Individuals on Saturday, the music was **very** loud and could be heard for the first half kilometre or so of my course due to the topography funnelling it up the valley. Unfortunately not my taste in music at the time I started so I found it annoying and

tried to channel the annoyance into running quickly and cleanly away from it as soon as possible. (A good idea that didn't quite come off in practice!)

At the Relays, the Individuals Organiser, Alistair Marshall suggested that as it was a Sunday and very close to Braemar we limit it to commentary only at a reduced level and point the speakers away from town. We readily agreed and instructed the PA mannie accordingly. Someone obviously listened to the feedback the day before and a lesson was learned and implemented. I have to say that it made working in the Reg/Results tent a lot more pleasant without loud music or chat blaring into one ear while trying to listen to competitors' requests and problems with the other.

For both Individuals and Relays, the bulk of the commentary was eventually provided by the Maroc Junior Girls with knowledgeable adults taking over for the Elite related bits. There's mixed feedback about this arrangement on Nopesport, ranging from praise for the enthusiastic girls stepping up to take this on (it's not easy speaking publicly, still less when it's amplified) to criticism of the poor standard of commentary due to lack of information for the commentators to use. With limited resources compared to other large events, Jubilee Five were unable to hire/beg/steal equipment and expertise that would have helped.

With no radio controls or live GPS tracking or results feeds or any other way of providing midrace info, the commentary was limited to name checking people the girls recognised on the run-in. Personally I found this quite entertaining as they were talking about people I know and could picture labouring up the run-in desperately fighting the urge to make gestures at their 'mates' in the commentary box!! Far more interesting to me than talk of Elites running at speeds I have never been capable of and engaging in competition that I simply can't relate to. But then I am card-carrying leisure orienteer who doesn't enjoy watching or listening to commentary on any other sport either and would far rather hear about a W60 trotting into the finish after 3 hours despite her triple hip bypass last year!!

As well as volume control, maybe the answer to enjoyable commentary for folk like me is more engaging coverage of what the Elites are up to in their daily lives as well as the big competitions? To make them seem more like people we feel we know and less like machines to us mere mortals? But would it be fair to make them into reluctant celebrities, forcing them to expose their character traits and feelings in public, as well as expecting them to run like the wind and win medals?

I guess the music issue will never be solved until we have the technology to pipe personalised soundtracks into individual ears. For Light Entertainment, press the Red Button on your Emit brikke now.....

Rachel

Taken from the BOF fixtures calendar and local clubs' websites as of 30<sup>th</sup> June. Bear in mind that things may change by the time the events happen so don't take this list as gospel truth and check on the relevant club's website (or ask a fellow Gramp to do so if you don't have access.) EOD = Entry on the Day EEE = Early Email Entry

#### JUL

#### 14th Sat MOR Hopeman Saturday League Level D

Public car park/streets by beach Yellow, Light Green and Score tiny area, zillions of controls £4/£3 moravianorienteering.org

15th Sun INVOC Rogie Level C GR NH 435 595

Reg: 10:30 – 12:30 EOD or pre-entry via oentries.com Yellow to Brown www.invoc.org.uk Every Wed: Summer Series until 29<sup>th</sup> Aug

see following page

#### **AUG**

#### 12th Sun STAG SOUL 4 Strathaven Level C Market Town Adventure!

Pre-enter at Oentries.com – courses depending on age classes + Yellow £7/£3.50 www.stag-orienteering.co.uk

#### 12th Sun GRAMP Level C Crathes

Reg: 10:30 – 12:30 EOD or pre-entry via EEE
White to Brown GRAMP CHAMPS AND (JD)2C www.grampoc.com
Adrian Will is looking for offers of help please

18th/19th Sat/Sun AROS Purple Thistle near Arisaig www.purple-thistle.co.uk

#### 26th Sun MAROC Coull Level D GR NJ522012

Reg 10:30 – 12:30 EOD or EEE White to Brown £5/£2.50 www.marocscotland.org.uk

#### 26th Sun MOR "Somewhere a bit special!" in Moray Level D

All it says on the BOF website so far is "Nearest town: Not telling – Description: Too early to say (but does say it's cross country rather than urban) – Courses: Wait and see, but you'll like it" moravianorienteering.org

#### SEP

# 1st Sat MOR Cluny Hill, Forres Saturday League Level D

Public car park/streets by beach Long Orange/ Light Green winning time ~25min, Yellow ~ 2km £4/£3 moravianorienteering.org

#### 2nd Sun INVOC Anagach, Grantown on Spey Level C GR ??????

Reg: 10:30 – 12:30 EOD www.invoc.org.uk

#### 5th Wed GRAMP Westburn Park Urban Series first event Level D

Reg/Starts: 18:30 – 19:00, courses close 19:30 TD3 approx 3km £3/£1 www.grampoc.com

## 9th Sun GRAMP SOL 4 Forvie by Newburgh Level B GRNK034289

Reg: 10:30 – 12:30 EOD or EEE

White to Black and all stops in between depending on age class
GRAMP CHAMPS AND (JD)2C www.grampoc.com
Helen Anderson is looking for offers of help please – social@ grampoc.com

# **GRAMP SUMMER SERIES 2012**

Every Wednesday pm in and around Aberdeen
Registration/starts from 18:30 – 19:30, courses close 20:30
£3 Seniors, £1 Juniors and Students
Short, Medium and Short/Long Technical courses available
Help for beginners so bring your friends and colleagues

Juniors and newcomers attending 3 or more events qualify for certificates and there will be prizes for Series winners (and anyone else we think deserves one!)

There are links to maps for all venues if you follow the GRAMP fixtures link on the website and then click on the Location tabs. Venues may have to be changed at short notice so keep an eye on the website but at the moment here is what's (still!) planned:

11th July	Hazlehead Park	Parking in larger car park to south of golf clubhouse
18th July	Kingshill	Parking in Rotten O'Gairn carpark – SW corner of wood
25th July	Mulloch	Take A957 south towards Stonehaven – at narrow bridge keep straight on for Strachan for about 2 more miles
1st Aug	Dunnottar Woods	Parking at southern end of woods
8th Aug	Bennachie	Parking at main visitors centre
15th Aug	Scolty	Parking in main FC carpark signposted from Banchory centre
22nd Aug	Glen Dye	Parking TBC but likely close to AA box as usual
29th Aug	Templars Park	Take South Deeside road, turn right about half a mile after turning to Milltimber BYO food/drink for BBQ

Ali, about 10 at night, about to run his leg of the Real Relay from Portlethen to Catterline (he's not got that fat, Kate took the photo using her phone). Note the flare effect in the clouds behind, pretty convincing eh?

Organised pretty much by word of mouth, various runners are carrying the Olympic Light Sabre 24/7 in hot pursuit of the official Torch. Starting ten days behind, they are running (no cheating in a van for them!) all the way (OK they did cheat with a ferry or two) in a bid to catch up with the real thing and get back to London in time for the Opening Ceremony.

http://www.endurancelife.com/realrelay/



# Apache support ScotJOS with generous donation of £15,000



Abigail Mason (MAROC) and Calum McLeod (GRAMP) receiving the cheque from Mark Richardson of Apache

"If you don't ask, you don't get" the old adage goes. It's true: look what happens when you ask the right questions of receptive ears and generous pockets...

For many years, the Scottish Junior Orienteering Squad (ScotJOS) received £14K annually from a **sport**scotland performance grant but the government body has decided to concentrate on sports included in the Commonwealth and Olympic Games. So, when ScotJOS learned that their annual funding was to be ramped down and finally cut off in 2012, something had to be done to source an alternative benefactor. Their training, competition trips and other activities, such as organising the Jamie Stevenson Trophy, can't survive on cake sales alone (even if they were to capture Maroc Juniors' slice of the market!)

lain and Carolyn McLeod have been heavily involved with ScotJOS for several years, graduating from proud parents/supporters to minibus driver/trip organisers to joint treasurers for the past 3 ½ years. It was with his money-head on that lain started to think of who else could be approached for sponsorship or donations to plug the gap.



Enter Apache on shining white charger..... or rather 9 pairs of muddy trainers belonging to the victorious Apache Orienteering Team at the Aberdeen Activitymix Corporate Decathlon last year, organised by Grampian Orienteers. This annual inter-company competition is a firm favourite with many energy and service companies – as Daley Thompson said, "Sport fosters many things that are good; teamwork and leadership." - and Apache are big players in the Small Companies League. Even to the extent of head-hunting one lain McLeod, an experienced orienteer to help train and captain their team to victory.

lain sent Apache a letter outlining the ScotJOS funding problem and suggesting that, as they had so obviously enjoyed their orienteering experience at Activitymix and now knew what the

sport was all about, they might consider sponsoring ScotJOS in return for the Apache logo being worn on the ScotJOS kit?

Imagine his delight when the response came back that, providing ScotJOS/Scottish Orienteering Association gained charitable status, Apache would be willing to make a donation of a whopping £15K! A suitably large cheque was handed over by Mark Richardson from the Apache Charities Committee to Bill Stevenson and some of the ScotJOS team at the recent Foggieton Summer Series event. Mark stayed on to try his hand at the Long Technical course finishing a very creditable 13m 34s behind course winner and squad member, Sasha Chepelin, despite it only being the second time Mark had picked up an orienteering map. He modestly said some of his success was probably due to residual fitness from competing in an Iron Man Triathlon last year.



Apache arrived on the UK oil and gas scene in Aberdeen in 2003 when they acquired the Forties Field from BP. They quickly developed a reputation as a (relatively in oil company terms) small band of dynamic people with a fresh and innovative approach and went on to acquire operations and interests in many other North Sea fields.

If you look at their website (<a href="www.apachecorp.com">www.apachecorp.com</a>), you'll see their tag line says "Exploring what's possible" and they are very proud of their somewhat unusual business history and methods. For example, tossing a coin between the three founding partners to see who would be the first president in 1954 but also agreeing to rotate the presidency annually; or their flexibility when the oil side of the business was threatened by American production limits, imposed post-Suez Crisis, by diversifying into things like fruit farms and aerosol cans; not to mention the "company's contrarian nature" being highlighted in several places.

Obviously, the 2011 Activitymix orienteering win and Mark's running connections might have helped sway Apache's generous decision, but maybe they recognised a deeper connection? The qualities required to make a top flight orienteer are, after all, very similar to those prized by Apache: competitiveness, dedication, adaptability, quick thinking, resourcefulness and pride in being that little bit different.

Whatever the reasons behind the final decision, ScotJOS are extremely grateful for such a generous donation and are looking forward to doing both Apache and themselves proud in 2012.



A very warm welcome to new members:

Arkadiusz Lipinski Emily Grace Robertson (now officially GVJO of the year)

Welcome back to Suzanne Reid

And whilst not officially members but in the area for a while, welcome to James Lyne and Alasdair McLeod (yes – nephew of ol' moneybags lain and Carolyn)

And a little Rocke bird told me that son, John, is due to be starting at Aberdeen Hospital any day now so looks like Alasdair may be getting a real run for his money soon (providing John's not too overworked by the NHS of course).

# **AUTUMN URBAN SERIES 2012**

Every Wednesday pm in Aberdeen
Registration/starts from 18:30 – 19:00, courses close 19:30
£3 Seniors, £1 Juniors and Students
One course, TD3 (Orange standard) ~2.5 to 3km
Help for beginners so bring your friends and colleagues

Although TD3, Juniors under 16 must be accompanied (insurance stipulation)

There will be links to maps for all venues on the GRAMP website just as soon as the organisers decide where they'll be operating from (and remember to tell me). Venues may have to be changed at short notice so keep an eye on the website but at the moment here is what's planned:

5th Sep	Westburn Park	A tiny area so expect plenty of twists and spirals and try not to fall in the burn when you get dizzy
12th Sep	Duthie Park & Ferryhill	Hopefully the renovation works in the park will be at a stage where we can hurriedly remap and use this area
19th Sep	Balgownie	With a new map to ISSOM standards - promise
26th Sep	Seaton Park & Hillhead	The trick here is to eat before you run as the students' suppers smell sooooooo inviting!
3rd Oct	Aberdeen Uni Kings Campus	Bring a head torch if you plan to start at 7 as the nights will be drawing in and soon time to start thinking about DNC next. Hopefully all gates will be unlocked this time?

# Who's smiling this month?



Donald Grassie: because he's handed over SOA Presidency to Roger Scrutton



Oonagh Grassie: See above

have seen her face on the run-in!



Lesley Gomersall: because she finished off her Munros with a monster 12 hour walk round the Fisherfield Six to compleat on Beinn a'Chlaidheimh, which may or may not still be a Munro but "was on my list when I started and I started, so I'll finish!"



Jackie Reynard: because she managed to navigate her way successfully around a tricky Blue course at the J5 Middle Distance Race at Mulloch.

Quite a step up from the Light Greens she's been doing to date and you should



Carolyn McLeod: because she defended her Stonehaven Half Marathon Ladies' title for the third year (and got a cheery wave from Pete and Rachel half way down Ann Street again!)



Tim and Jack Gomersall: because they won the C class at this year's LAMM



Doug Guy, Nick Hale, Evgueni Chepelin aka GRAMP 3: because they won the 11+ Points Class at the Scottish Relay Championships beating GRAMP 4, Ian Hamilton, Kevin Revnard, Richard Oxlade, into 3<sup>rd</sup> place



Mike Greenwood, Sonia Armitage, David Armitage aka GRAMP 6: because they won the 17+ Points Class at the Scottish Relay Championships and also the Overall Age Class Trophy

(Except we got a bit confused and gave it to a team from over the border by mistake due to new rules and too much else going in on just before the prize-giving. Sorry! As Graham Ackland the Relays Rules Revamper said, "Oops! We stuffed up there.")



Rob Wilkinson, Richard Oxlade, Mike Pearson, Angus Aitken: because they won their classes at the Scottish Individuals – M16B, M50S, M60S and M80L respectively





ScotJOS: because they won this year's Junior Inter-Regional Championships







# **GRAMP JUNIOR NEWS issue 21**

# **Orienteering Jamie Stephenson Trophy**

A few Sundays ago, the seventeenth of June, I was dropped off at the B&Q car park, boarded onto the minibus and Evgueni drove us down to Perthshire, where the competition was held. We set up the tent and banner then there was the parade around a small circuit with our GRAMP banner flying above our heads.

After that was finished, we received our start times and waited until it was our turn to run in the course. I was having quite a bad day because, the night before, the people across the road were having a party and the noise kept me up until half past midnight!!! Naturally, this meant that I didn't do very well at all and ended up with a time of 53 Minutes. That didn't matter too much though because fortunately other members of the team were in much better form!

The best result was from Sasha who came second in his class, but Calum, Struan, Katrina and Paul all came in fourth ... giving us fourth place overall.

I would say that the best part was roasting marshmallows over the barbecue at the end, because they tasted great and the smoke kept those evil midges away!

GJO Roving Reporter (aka Keith Yardley)

# What do you see when you look at an O map?

Apparently there was a discussion going on between Colin Larmour, a fairly recent grown-up newbie to orienteering, and Sasha about how to interpret what you see on the map so you know what to expect to see on the ground. For example, a very common mistake for beginners is confusing the white for open ground (like it is on an Ordnance Survey maps) when you all know it means open trees. And squiggly contours often give people headaches trying to imagine what the lumps and dips in the ground will really look like.

Anyway, when asked about this Sasha said that when he looks at an O map "it's like looking at Google Earth". Wow! Imagine that happening inside your head every time you look at a map?

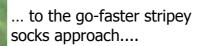
### Did you know....?

On 23 May 2003 a total of 207,979 pupils from 1,381 schools across Switzerland took part in a simultaneous orienteering event organised by the Swiss Orienteering Association. It's a Guinness World Record.

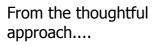
These are just a few of the photos taken by Chris Spencer at the Jamie Stevenson. If you want to see more go to the SOA website and look for the link on the JS article.

Sasha, Calum, Jack, Katrina, Kate, Paul, Lachlan, Naomi, Keith, Laura, Ailsa, Struan, Duncan and Josie were Team GJO. ...to the Just Go Flat Out approach...

...to the focussed approach....



(did it work for you Josie?)



.... the GJOs all did it their way and came 4<sup>th</sup> overall as a Team (and made Carolyn very proud!!)

**WELL DONE GUYS!**