

PI	Name	Time													
Long (13)			5.0 km 18 C												
			1(162) 14(105)	2(165) 15(103)	3(161) 16(160)	4(159) 17(96)	5(158) 18(43)	6(157) F	7(106)	8(156)	9(154)	10(140)	11(139)	12(138)	13(106)
1	Jonathan Musgrave MAROC	45:21	1:37 1:37 36:04	3:09 1:32 37:49	4:54 1:45 39:24	6:16 1:22 40:47	7:55 1:39 42:16	11:58 4:03 45:21	15:05 3:07	18:35 3:30	23:38 5:03	27:05 3:27	28:57 1:52	32:21 3:24	34:55 2:34
2	Andrew Mcmurtrie MAROC	51:20	1:09 1:38 1:38 41:00	1:45 3:31 1:53 42:49	1:35 5:15 1:44 44:47	1:23 6:42 1:27 46:24	1:29 8:35 1:53 48:02	3:05 12:45 4:10 51:20	17:16 4:31	21:28 4:12	26:47 5:19	30:56 4:09	32:40 1:44	36:07 3:27	39:21 3:14
3	Callum Roberts MAROC	54:50	1:39 1:27 1:27 45:59	1:49 2:46 1:19 47:25	1:58 4:21 1:35 48:52	1:37 5:44 1:23 50:11	1:38 7:20 1:36 51:54	3:18 11:09 3:49 54:50	14:30 3:21	18:46 4:16	34:07 15:21	37:44 3:37	39:09 1:25	42:09 3:00	44:39 2:30
4	Joshua Dudley MAROC	55:31	1:20 1:46 1:46 44:50	1:26 3:15 1:29 46:18	1:27 4:58 1:43 48:03	1:19 6:15 1:17 49:15	1:43 7:56 1:41 50:55	2:56 11:42 3:46 55:31	16:00 4:18	19:49 3:49	33:14 13:25	36:36 3:22	38:10 1:34	40:59 2:49	43:41 2:42
5	Sam Gomersall GRAMP	58:45	1:09 1:45 1:45 47:10	1:28 3:20 1:35 48:58	1:45 5:28 2:08 51:06	1:12 7:17 1:49 53:06	1:40 9:30 2:13 54:55	4:36 14:44 5:14 58:45	18:39 3:55	23:35 4:56	30:52 7:17	35:34 4:42	38:29 2:55	42:46 4:17	45:52 3:06
6	Sarah Dunn MAROC	59:56	1:18 2:03 2:03 48:02	1:48 3:57 1:54 50:47	2:08 6:20 2:23 52:43	2:00 8:18 1:58 54:25	1:49 10:32 2:14 56:11	3:50 15:14 4:42 59:56	19:31 4:17	24:50 5:19	31:59 7:09	36:39 4:40	39:14 2:35	43:14 4:00	46:29 3:15
7	Calum Mcleod GRAMP	1:01:06	1:33 1:52 1:52 49:21	2:45 3:31 1:39 51:22	1:56 5:16 1:45 53:12	1:42 6:50 1:34 55:10	1:46 8:51 2:01 57:05	3:45 20:16 11:25 1:01:06	23:34 3:18	27:10 3:36	35:39 8:29	39:31 3:52	41:14 1:43	44:29 3:15	47:50 3:21
8	Drew Tivendale MAROC	1:02:16	1:31 1:38 1:38 52:35	2:01 4:39 3:01 54:08	1:50 6:22 1:43 55:45	1:58 8:10 1:48 56:58	1:55 10:02 1:52 59:30	4:01 14:15 4:13 1:02:16	18:46 4:31	23:29 4:43	38:43 15:14	42:36 3:53	44:07 1:31	48:06 3:59	50:41 2:35
9	Calum Barnettson OD	1:03:04	1:54 1:57 1:57 50:35	1:33 4:23 2:26 52:54	1:37 6:13 1:50 55:51	1:13 8:15 2:02 57:46	2:32 10:33 2:18 59:22	2:46 15:06 4:33 1:03:04	19:55 4:49	27:16 7:21	33:52 6:36	38:03 4:11	40:10 2:07	44:30 4:20	47:57 3:27
10	Ian Hamilton GRAMP	1:04:41	2:38 2:11 2:11 51:38	2:19 4:16 2:05 54:32	2:57 6:28 2:12 56:51	1:55 8:15 1:47 58:48	1:36 10:14 1:59 1:00:58	3:42 14:59 4:45 1:04:41	19:15 4:16	25:34 6:19	33:05 7:31	38:23 5:18	41:14 2:51	45:47 4:33	49:17 3:30
11	Donald Kerridge MAROC	1:07:00	2:21 1:37 1:37 55:10	2:54 5:20 3:43 57:10	2:19 7:04 1:44 58:52	1:57 8:53 1:49 1:00:30	2:10 11:05 2:12 1:03:07	3:43 16:07 5:02 1:07:00	20:15 4:08	24:40 4:25	37:25 12:45	41:38 4:13	43:50 2:12	47:10 3:20	53:34 6:24
12	Alexander Chepelin GRAMP	1:08:44	1:36 1:50 1:50 40:08	2:00 3:18 1:28 41:43	1:42 4:57 1:39 43:26	1:38 6:22 1:25 45:00	2:37 8:05 1:43 47:24	3:53 11:50 3:45 1:08:44	15:10 3:20	18:36 3:26	27:40 9:04	31:07 3:27	32:46 1:39	36:04 3:18	38:47 2:43
13	Jonas Salminen GRAMP	1:09:04	1:21 1:45 1:45 57:33	1:35 4:49 3:04 1:00:42	1:43 6:54 2:05 1:02:23	1:34 8:41 1:47 1:03:49	1:34 10:31 1:50 1:05:44	2:24 15:36 5:05 1:09:04	22:15 6:39	27:52 5:37	39:41 11:49	44:59 5:18	47:49 2:50	52:46 4:57	55:59 3:13

PI	Name	Time													
Medium (22)			3.6 km 12 C												
			1(162)	2(165)	3(161)	4(159)	5(158)	6(156)	7(139)	8(106)	9(105)	10(103)	11(160)	12(96)	F
1	Jennifer Ricketts MAROC	37:49	2:42	4:32	6:28	8:09	10:12	16:05	21:01	25:49	27:17	30:08	32:11	33:40	37:49
			2:42	1:50	1:56	1:41	2:03	5:53	4:56	4:48	1:28	2:51	2:03	1:29	4:09
2	Ross Mcmurtrie MAROC	38:47	2:16	3:59	5:53	7:30	9:25	15:16	21:10	27:02	28:28	30:21	32:22	34:12	38:47
			2:16	1:43	1:54	1:37	1:55	5:51	5:54	5:52	1:26	1:53	2:01	1:50	4:35
3	Neil Campbell MAROC	41:45	1:59	3:58	7:07	8:47	11:01	18:08	23:56	29:24	31:16	33:07	34:56	36:57	41:45
			1:59	1:59	3:09	1:40	2:14	7:07	5:48	5:28	1:52	1:51	1:49	2:01	4:48
4	Pete Lawrence GRAMP	42:21	2:12	4:04	6:22	8:21	10:33	17:14	23:18	29:20	31:13	33:29	35:36	37:21	42:21
			2:12	1:52	2:18	1:59	2:12	6:41	6:04	6:02	1:53	2:16	2:07	1:45	5:00
5	Andy Tivendale MAROC	43:00	1:44	7:37	9:36	11:21	13:28	18:57	24:00	30:43	32:23	34:21	36:45	38:27	43:00
			1:44	5:53	1:59	1:45	2:07	5:29	5:03	6:43	1:40	1:58	2:24	1:42	4:33
6	Richard Oxlade GRAMP	43:24	2:08	4:55	7:00	8:54	10:54	17:42	23:12	30:13	31:52	34:07	36:21	38:16	43:24
			2:08	2:47	2:05	1:54	2:00	6:48	5:30	7:01	1:39	2:15	2:14	1:55	5:08
7	John Lang GRAMP	43:39	2:35	4:45	6:36	8:25	10:25	18:48	24:00	29:13	31:55	34:18	36:41	38:36	43:39
			2:35	2:10	1:51	1:49	2:00	8:23	5:12	5:13	2:42	2:23	2:23	1:55	5:03
8	Keith Roberts MAROC	44:48	2:18	4:13	6:23	8:49	11:12	18:17	24:31	31:24	33:16	35:20	37:35	39:38	44:48
			2:18	1:55	2:10	2:26	2:23	7:05	6:14	6:53	1:52	2:04	2:15	2:03	5:10
9	Alastair Marshall MAROC	46:33	2:01	6:34	8:34	10:16	12:24	20:58	26:52	33:43	35:51	38:05	40:05	41:50	46:33
			2:01	4:33	2:00	1:42	2:08	8:34	5:54	6:51	2:08	2:14	2:00	1:45	4:43
10	Lachlan Kirk GRAMP	47:17	2:45	5:40	7:41	10:39	13:43	20:39	27:06	33:42	35:49	38:21	40:46	42:53	47:17
			2:45	2:55	2:01	2:58	3:04	6:56	6:27	6:36	2:07	2:32	2:25	2:07	4:24
11	Evelyn Mason MAROC	48:20	2:03	3:45	6:07	8:31	10:47	19:35	27:05	33:33	36:10	38:23	40:41	42:24	48:20
			2:03	1:42	2:22	2:24	2:16	8:48	7:30	6:28	2:37	2:13	2:18	1:43	5:56
12	Abigail Mason MAROC	49:12	2:22	6:58	9:06	11:11	13:53	22:05	28:53	35:13	37:25	40:00	42:34	44:30	49:12
			2:22	4:36	2:08	2:05	2:42	8:12	6:48	6:20	2:12	2:35	2:34	1:56	4:42
13	Trevor Ricketts MAROC	51:43	1:58	4:05	6:09	8:22	10:43	18:09	23:40	37:23	39:04	41:40	44:00	45:34	51:43
			1:58	2:07	2:04	2:13	2:21	7:26	5:31	13:43	1:41	2:36	2:20	1:34	6:09
14	Lesley Gomersall GRAMP	52:47	2:40	5:17	8:00	10:37	13:25	21:17	28:28	36:01	38:08	40:42	43:37	46:27	52:47
			2:40	2:37	2:43	2:37	2:48	7:52	7:11	7:33	2:07	2:34	2:55	2:50	6:20
15	Nicholas Green INVOC	53:00	1:56	4:05	6:18	9:04	11:28	20:09	27:09	37:02	39:08	42:26	44:49	47:27	53:00
			1:56	2:09	2:13	2:46	2:24	8:41	7:00	9:53	2:06	3:18	2:23	2:38	5:33
16	Iain Barraclough GRAMP	58:41	2:09	4:24	6:27	8:31	10:59	19:30	24:55	32:20	36:26	39:38	41:59	54:02	58:41
			2:09	2:15	2:03	2:04	2:28	8:31	5:25	7:25	4:06	3:12	2:21	12:03	4:39
			48:39												
			*43												
17	Evgueni Chepelin GRAMP	58:53	2:04	4:00	6:05	7:42	9:27	16:29	22:00	27:39	29:43	32:01	33:43	35:19	58:53
			2:04	1:56	2:05	1:37	1:45	7:02	5:31	5:39	2:04	2:18	1:42	1:36	23:34
18	Iain Mcleod GRAMP	1:01:54	2:40	5:04	7:40	10:20	12:56	20:54	32:01	42:32	47:19	50:15	53:21	55:29	1:01:54
			2:40	2:24	2:36	2:40	2:36	7:58	11:07	10:31	4:47	2:56	3:06	2:08	6:25
19	Carolyn Mcleod GRAMP	1:03:32	3:15	5:54	8:31	10:44	13:23	20:35	34:30	45:07	49:58	52:30	55:39	57:48	1:03:32
			3:15	2:39	2:37	2:13	2:39	7:12	13:55	10:37	4:51	2:32	3:09	2:09	5:44
20	Rosie Getliff MAROC	1:04:56	3:27	10:22	13:07	15:24	18:17	30:35	36:57	45:14	48:49	52:13	55:53	58:25	1:04:56
			3:27	6:55	2:45	2:17	2:53	12:18	6:22	8:17	3:35	3:24	3:40	2:32	6:31
21	Helen Rowlands GRAMP	1:11:16	3:30	6:58	10:10	13:07	16:00	26:26	36:15	46:36	49:53	53:07	56:27	1:04:27	1:11:16
			3:30	3:28	3:12	2:57	2:53	10:26	9:49	10:21	3:17	3:14	3:20	8:00	6:49
22	Rachel Scott GRAMP	1:16:38	3:25	6:54	10:16	13:15	17:21	26:51	34:11	42:45	46:09	49:21	53:33	1:08:29	1:16:38
			3:25	3:29	3:22	2:59	4:06	9:30	7:20	8:34	3:24	3:12	4:12	14:56	8:09