

Pl	Name	Age	Clas	Time												
Long (11)					4.5 km 170 m		15 C									
					1(154) 13(159)	2(170) 14(167)	3(156) 15(160)	4(169) Finish	5(155)	6(166)	7(157)	8(168)	9(158)	10(162)	11(161)	12(165)
1	Jake Chapman			39:51	1:07 1:07 35:20 5:14	2:35 1:28 36:47 1:27	5:32 2:57 38:33 1:46	6:29 0:57 39:51 1:18	8:58 2:29	13:53 4:55	17:28 3:35	19:05 1:37	21:52 2:47	23:35 1:43	26:21 2:46	30:06 3:45
2	Dan Gooch			46:09	1:24 1:24 39:39 6:27	3:31 2:07 41:09 1:30	7:25 3:54 44:35 3:26	8:32 1:07 46:09 1:34	10:48 2:16	14:16 3:28	17:35 3:19	19:14 1:39	21:17 2:03	22:54 1:37	25:10 2:16	33:12 8:02
3	Sarah Dunn			1:00:04	1:34 1:34 48:39 7:36	3:33 1:59 52:31 3:52	7:08 3:35 58:30 5:59	10:34 3:26 1:00:04 1:34	13:50 3:16	22:29 8:39	26:31 4:02	28:37 2:06	31:26 2:49	33:26 2:00	36:04 2:38	41:03 4:59
4	Jennifer Ricketts			1:02:35	1:30 1:30 52:46 7:36	3:28 1:58 57:19 4:33	8:45 5:17 59:17 1:58	10:12 1:27 1:02:35 3:18	19:34 9:22	24:21 4:47	32:10 7:49	33:55 1:45	36:16 2:21	38:13 1:57	40:24 2:11	45:10 4:46
5	Bill&Paul Caffyn			1:17:54	1:20 1:20 1:11:41 12:10	7:09 5:49 1:13:38 1:57	11:28 4:19 1:16:54 3:16	13:06 1:38 1:17:54 1:00	17:13 4:07	22:43 5:30	38:46 16:03	41:06 2:20	43:45 2:39	46:17 2:32	50:11 3:54	59:31 9:20
6	John Mason			1:19:17	1:58 1:58 1:06:50 13:51	5:27 3:29 1:09:26 2:36	10:53 5:26 1:16:36 7:10	12:45 1:52 1:19:17 2:41	15:59 3:14	21:42 5:43	26:56 5:14	34:45 7:49	38:53 4:08	42:35 3:42	45:37 3:02	52:59 7:22
7	Andrew McMurtrie			1:19:25	5:58 5:58 1:13:23 23:15	11:52 5:54 1:15:04 1:41	15:04 3:12 1:17:36 2:32	16:14 1:10 1:19:25 1:49	21:44 5:30	27:55 6:11	32:19 4:24	34:42 2:23	37:21 2:39	39:13 1:52	41:45 2:32	50:08 8:23
	Sean O'Sullivan		mp		1:46 1:46 1:03:03 11:27	4:03 2:17 1:04:46 1:43	11:53 7:50 1:07:00 2:14	13:12 1:19 1:08:35 1:35	16:18 3:06	23:42 7:24	30:58 7:16	33:00 2:02	35:22 2:22	37:19 1:57	51:36 14:17	-----
	Joseph Wright		mp		3:13 3:13 1:03:49 11:14	4:58 1:45 1:05:24 1:35	12:18 7:20 1:07:10 1:46	13:30 1:12 1:09:08 1:58	19:27 5:57	33:53 14:26	38:09 4:16	43:49 5:40	47:07 3:18	49:44 2:37	52:35 2:51	-----
	Rob Hickling		dnf		1:52 1:52 -----	6:09 4:17 -----	10:34 4:25 -----	13:07 2:33 1:03:04 45:28	17:36 4:29	-----	-----	-----	-----	-----	-----	-----
nc	Jon Musgrave			47:24	1:26 1:26 41:32 5:08	2:46 1:20 44:07 2:35	6:02 3:16 46:05 1:58	7:25 1:23 47:24 1:19	10:28 3:03	14:48 4:20	18:15 3:27	21:37 3:22	27:50 6:13	29:27 1:37	31:34 2:07	36:24 4:50
Medium (19)					2.4 km 100 m		9 C									
					1(154)	2(170)	3(156)	4(169)	5(155)	6(165)	7(159)	8(167)	9(160)	Finish		
1	Pete Lawrence			30:14	2:01 2:01	4:00 1:59	7:28 3:28	8:43 1:15	12:25 3:42	13:36 1:11	21:50 8:14	23:35 1:45	28:11 4:36	30:14 2:03		
2	Iain Barraclough			30:27	2:01 2:01	6:05 4:04	10:20 4:15	12:03 1:43	15:21 3:18	16:26 1:05	22:53 6:27	24:44 1:51	28:10 3:26	30:27 2:17		
3	Rob Skinner			31:06	1:26 1:26	4:54 3:28	10:26 5:32	11:41 1:15	14:45 3:04	18:53 4:08	24:33 5:40	26:07 1:34	29:44 3:37	31:06 1:22		
4	Alistair Chapman			33:16	1:13 1:13	3:13 2:00	6:35 3:22	8:22 1:47	10:50 2:28	11:22 0:32	21:05 9:43	27:02 5:57	32:10 5:08	33:16 1:06		
5	Dave Kirk			33:57	1:39 1:39	4:27 2:48	11:22 6:55	13:10 1:48	16:14 3:04	20:07 3:53	26:26 6:19	28:39 2:13	31:41 3:02	33:57 2:16		
6	Rosie Getliff			34:18	1:42 1:42	3:40 1:58	9:12 5:32	11:00 1:48	15:37 4:37	16:31 0:54	26:05 9:34	27:40 1:35	32:20 4:40	34:18 1:58		
7	Murray Anderson			34:59	1:53 1:53	4:53 3:00	12:47 7:54	13:50 1:03	17:12 3:22	18:11 0:59	24:01 5:50	26:36 2:35	30:30 3:54	34:59 4:29		
8	Eilidh Campbell			35:52	2:01 2:01	5:15 3:14	10:25 5:10	12:32 2:07	17:08 4:36	18:05 0:57	27:36 9:31	30:35 2:59	33:58 3:23	35:52 1:54		
9	Kirsty Campbell			35:55	2:00 2:00	5:24 3:24	10:26 5:02	12:38 2:12	17:13 4:35	18:11 0:58	27:41 9:30	30:40 2:59	33:58 3:18	35:55 1:57		
10	Nicholas Green			37:17	1:24 1:24	3:28 2:04	11:32 8:04	12:39 1:07	19:20 6:41	20:00 0:40	26:05 6:05	28:58 2:53	32:50 3:52	37:17 4:27		
11	Ian McIntyre			38:35	2:04 2:04	3:59 1:55	8:59 5:00	11:18 2:19	15:10 3:52	16:11 1:01	25:54 9:43	28:03 2:09	36:33 8:30	38:35 2:02		
12	Fran&John Getliff			38:47	1:46 1:46	4:58 3:12	9:44 4:46	12:26 2:42	16:35 4:09	17:30 0:55	28:56 11:26	31:56 3:00	37:33 5:37	38:47 1:14		
13	Helen Rowlands			43:14	2:18 2:18	5:18 3:00	13:55 8:37	15:51 1:56	23:23 7:32	24:34 1:11	35:02 10:28	38:11 3:09	41:27 3:16	43:14 1:47		
14	Phil Campbell			49:28	1:59 1:59	5:10 3:11	11:52 6:42	14:13 2:21	19:27 5:14	20:55 1:28	37:49 16:54	40:25 2:36	47:19 6:54	49:28 2:09		
15	Rachel Scott			57:01	2:32 2:32	6:41 4:09	18:30 11:49	20:15 1:45	30:08 9:53	31:59 1:51	45:02 13:03	47:55 2:53	54:30 6:35	57:01 2:31		

Pl	Name	Age	Clas	Time											
Medium (19)					2.4 km 100 m			9 C	<i>(cont.)</i>						
					1(154)	2(170)	3(156)	4(169)	5(155)	6(165)	7(159)	8(167)	9(160)	Finish	
16	Denise Wright			1:06:05	2:38	5:12	20:00	21:45	43:13	44:43	57:20	59:52	1:03:40	1:06:05	17:27
					2:38	2:34	14:48	1:45	21:28	1:30	12:37	2:32	3:48	2:25	*169
17	David Esson			1:13:38	2:06	4:16	10:14	12:14	29:32	30:54	57:58	1:01:04	1:10:26	1:13:38	
					2:06	2:10	5:58	2:00	17:18	1:22	27:04	3:06	9:22	3:12	
	Jeremy Huthwaite			mp	1:57	-----	8:30	11:48	19:28	20:29	29:08	31:56	35:13	36:42	17:02
					1:57		6:33	3:18	7:40	1:01	8:39	2:48	3:17	1:29	*165
	Iain McLeod			mp	2:11	4:11	12:19	13:58	31:18	34:22	-----	-----	48:00	50:13	
					2:11	2:00	8:08	1:39	17:20	3:04			13:38	2:13	

17:27

*169

17:02

*165