

Pl	Name	Club	Age Class	Time	Comment
Medium (22)			3.0 km 120 m	11 C	
1	Pete Lawrence	GRAMP	M50	32:42	
2	Lachlan Kirk	GRAMP	M16	32:53	
3	David Kirk	GRAMP	M45	34:17	
4	Gordon Urquhart	GRAMP	M35	35:09	
5	Richard Oxlade	GRAMP	M55	37:44	
6	Neil McLean	GRAMP	M70	38:19	
7	Sam Gomersall	GRAMP	M50	38:27	
8	Trevor Ricketts	MAROC	M55	39:23	
9	Megan Ricketts	MAROC	W16	40:51	
10	Lesley Gomersall	GRAMP	W50	41:15	
11	Helen Rowlands	GRAMP	W45	43:08	
12	Iain McLeod	GRAMP	M55	43:43	
13	Rachel Scott	GRAMP	W50	48:05	
14	Craig Chapman	MAROC	M40	48:13	
15	Ailsa + Murray Anderson	GRAMP	W14+M50	48:16	
16	Donald Grassie	MOR	M55	51:25	
17	Phil Campbell	GRAMP	M21	51:50	
18	Rhona + Margaret McMillan	MAROC	W50+W20	1:03:52	
19	Josie Gomersall	GRAMP	W14	1:23:37	
	Jayne MacGregor	GRAMP	W60	dnf	
	Anne Hoy	GRAMP	W55	dnf	
	Genevieve Jones	GRAMP	W65	dnf	

Long (16)			5.1 km 180 m	17 C	
1	Jack Gomersall	GRAMP	M20	40:44	
2	Jake Chapman	MAROC	M16	41:19	
3	Calum McLeod	EUOC	M20	44:30	
4	Jennifer Ricketts	MAROC	W18	47:43	
5	Hazel Wright	MAROC	W21	51:09	
6	Alistair Chapman	MAROC	M14	53:35	
7	Joseph Wright	MAROC	M16	53:43	
8	Ian Hamilton	GRAMP	M55	55:01	
9	Ewan McMillan	MAROC	M18	58:55	
10	Andrew McMurtrie	MAROC	M45	1:01:08	
11	Sean O'Sullivan	MAROC	M35	1:01:49	
12	Katrina McLeod	EUOC	W21	1:03:10	
13	Bill + Paul Caffyn	GRAMP	M55+M18	1:03:55	
14	John Mason	MAROC	M50	1:11:36	
	Roger Coombs	MAROC	M55	dnf	
	John Middler	OD	M60	dnf	