

Pl	Name	Age Clas	Time													
Long Tech (14)				5.3 km		65 m	12 C									
				1(231) Finish	2(134)	3(238)	4(161)	5(221)	6(163)	7(162)	8(229)	9(235)	10(247)	11(155)	12(244)	
1	Mark Stockton GRAMP	M35	42:18	0:51 0:51 42:18 1:27	3:06 2:15	5:51 2:45	13:33 7:42	20:54 7:21	22:57 2:03	29:18 6:21	32:26 3:08	35:02 2:36	36:22 1:20	38:13 1:51	40:51 2:38	
2	Lesley Gomersall GRAMP	W50	42:48	0:48 0:48 42:48 0:47	2:55 2:07	7:32 4:37	15:28 7:56	21:20 5:52	24:54 3:34	29:58 5:04	33:44 3:46	35:50 2:06	36:51 1:01	39:22 2:31	42:01 2:39	
3	Pete Lawrence GRAMP	M50	46:19	1:11 1:11 46:19 0:47	3:55 2:44	8:24 4:29	16:19 7:55	22:39 6:20	29:11 6:32	34:48 5:37	37:55 3:07	39:56 2:01	40:56 1:00	42:29 1:33	45:32 3:03	
4	Martin Young MAROC	M21	47:50	1:03 1:03 47:50 0:48	3:50 2:47	7:57 4:07	16:08 8:11	25:15 9:07	30:50 5:35	36:07 5:17	39:08 3:01	41:13 2:05	42:12 0:59	44:28 2:16	47:02 2:34	
5	Tim Griffin GRAMP	M50	48:01	1:49 1:49 48:01 0:46	3:59 2:10	6:37 2:38	13:26 6:49	19:19 5:53	30:01 10:42	35:43 5:42	39:30 3:47	41:05 1:35	42:05 1:00	44:20 2:15	47:15 2:55	
6	Rob Hickling GRAMP	M60	50:59	0:54 0:54 50:59 1:21	3:24 2:30	6:48 3:24	14:42 7:54	20:39 5:57	28:39 8:00	35:35 6:56	39:39 4:04	42:42 3:03	44:08 1:26	46:08 2:00	49:38 3:30	
7	Sam Gomersall GRAMP	M55	54:10	1:42 1:42 54:10 0:53	4:42 3:00	8:07 3:25	17:13 9:06	29:13 12:00	32:31 3:18	39:49 7:18	43:29 3:40	45:43 2:14	47:10 1:27	49:41 2:31	53:17 3:36	
8	Josie Gomersall GRAMP	W16	55:44	0:52 0:52 55:44 0:51	6:08 5:16	9:06 2:58	18:09 9:03	30:39 12:30	33:46 3:07	41:08 7:22	44:46 3:38	47:56 3:10	49:20 1:24	51:27 2:07	54:53 3:26	
9	Dennis McDonald GRAMP	M50	58:31	2:03 2:03 58:31 0:56	8:29 6:26	12:21 3:52	20:41 8:20	28:05 7:24	31:41 3:36	41:47 10:06	46:17 4:30	48:51 2:34	50:19 1:28	53:58 3:39	57:35 3:37	
10	Rachel Scott GRAMP	W50	1:19:19	1:45 1:45 1:19:19 1:38	14:03 12:18	18:25 4:22	28:11 9:46	40:16 12:05	44:34 4:18	58:36 14:02	1:04:57 6:21	1:08:32 3:35	1:10:10 1:38	1:13:04 2:54	1:17:41 4:37	
	Bob Sheridan GRAMP	M45	mp	0:45 0:45 54:36 1:06	3:12 2:27	6:22 3:10	16:35 10:13	26:35 10:00	32:38 6:03	----- 10:54	43:32 2:53	46:25 1:17	47:42 1:17	----- 1:17	53:30 5:48	
	Hazel Wright MAROC	W21	mp	----- 18:38:58 19:20:18 0:57	18:38:58 4:44	18:43:42 4:44	18:51:29 7:47	18:57:34 6:05	19:03:25 5:51	19:08:50 5:25	19:12:09 3:19	19:14:28 2:19	19:15:23 0:55	19:16:49 1:26	19:19:21 2:32	
	John Getliff MAROC	M16	mp	19:03:56 19:03:56 19:56:24 0:41	19:13:22 9:26	19:16:05 2:43	19:23:23 7:18	19:30:22 6:59	19:38:21 7:59	19:43:16 4:55	19:47:59 4:43	19:49:33 1:34	19:50:24 0:51	19:53:04 2:40	19:55:43 2:39	
	Kevin Hyland GRAMP	M35	dnf	2:06 2:06 1:29:49 5:22	6:21 4:15	-----	46:09 39:48	58:27 12:18	1:04:57 6:30	1:14:16 9:19	-----	-----	1:24:27 10:11	-----	-----	
Medium Tech (9)				3.0 km		50 m	9 C									
				1(231)	2(154)	3(245)	4(162)	5(229)	6(235)	7(247)	8(155)	9(244)	Finish			
1	Eilidh Campbell MAROC	W16	21:02	0:47 0:47	2:48 2:01	6:25 3:37	8:25 2:00	11:51 3:26	14:36 2:45	15:40 1:04	17:18 1:38	20:18 3:00	21:02 0:44			
2	Amber Graham MAROC	W14	31:42	1:14 1:14	4:29 3:15	9:54 5:25	12:52 2:58	17:17 4:25	20:30 3:13	21:40 1:10	24:14 2:34	30:45 6:31	31:42 0:57			
3	Claire Tunaley GRAMP	W21	34:17	1:19 1:19	4:31 3:12	9:25 4:54	12:28 3:03	17:55 5:27	21:33 3:38	23:16 1:43	27:55 4:39	33:09 5:14	34:17 1:08			
4	Mark Hammonds GRAMP	M35	34:21	1:17 1:17	4:36 3:19	9:26 4:50	12:33 3:07	18:01 5:28	21:38 3:37	23:22 1:44	28:04 4:42	33:07 5:03	34:21 1:14			
5	Eddy Coman GRAMP	M50	37:35	1:43 1:43	4:33 2:50	8:57 4:24	13:24 4:27	20:58 7:34	24:41 3:43	27:00 2:19	30:43 3:43	36:21 5:38	37:35 1:14			
6	Pat Graham MAROC	W50	39:31	1:55 1:55	5:13 3:18	11:51 6:38	15:44 3:53	22:25 6:41	25:33 3:08	27:45 2:12	30:52 3:07	36:11 5:19	39:31 3:20			
7	Carl Boyd GRAMP	M45	53:28	3:10 3:10	9:32 6:22	17:00 7:28	21:23 4:23	32:02 10:39	35:56 3:54	38:17 2:21	43:51 5:34	52:13 8:22	53:28 1:15			

Pl	Name	Age	Clas	Time										
Medium Tech (9)					3.0 km 50 m		9 C		<i>(cont.)</i>					
					1(231)	2(154)	3(245)	4(162)	5(229)	6(235)	7(247)	8(155)	9(244)	Finish
8	Nigel Robinson GRAMP	M50	53:37	18:07	23:00	27:43	30:34	34:55	40:22	44:22	47:31	52:38	53:37	0:42
				18:07	4:53	4:43	2:51	4:21	5:27	4:00	3:09	5:07	0:59	*130
				1:25	2:14	3:19	5:22	6:07	7:41	8:09	9:16	10:12	11:18	12:26
				*131	*236	*138	*133	*132	*135	*136	*134	*138	*137	*139
				14:12	15:15	16:14	17:33	19:08						*140
				*230	*233	*235	*232	*234						
	Luke Graham MAROC	M16	ot	-----	-----	-----	-----	-----	-----	-----	-----	-----	0:01	0:01
Orange (1)					2.4 km 25 m		9 C							
					1(231)	2(154)	3(246)	4(136)	5(235)	6(229)	7(247)	8(248)	9(244)	Finish
1	Fran Getliff MAROC	W50	26:22	1:50	5:08	7:33	9:48	11:15	14:04	15:59	20:13	24:52	26:22	
				1:50	3:18	2:25	2:15	1:27	2:49	1:55	4:14	4:39	1:30	