



Scouts, In association with Mar Orienteering Club and Gramp Orienteering Club

NE Region Scouts and Parents Orienteering Competition 2026

7 June 2026 – Balmedie Country Park, 10am – 2.30pm

- Open to Scouts, Explorers and parents, and other youth groups
- Score format – collect as many controls as you can – run solo or in a pair
- Prizes: Best overall Scout troop; Best Explorer unit.
- Entry is £4.00pp for juniors.
- Counts towards Scouts Orienteer Activity Badge
- A great way to learn about the sport of orienteering and prepare to come to club events.

Register for this event by 22 May, at <https://forms.gle/NV6TNLYMoe1g1unB8>

Register for adult training (see poster below) via Scottish-Orienteering.

For information about the public event, and for adult entries see <https://grampoc.com>

Scouts should have done some preparation and come with a compass. Ideally the leader will know a little about orienteering. Using permanent orienteering courses is a great way to use a real orienteering map in a park or forest. You can find permanent courses here: <https://www.goorienteering.org.uk/courses>. Virtual courses may also work but require a phone: <https://www.scottish-orienteering.org/get-involved/pocs/>

Leaders and adults new to orienteering should consider the 'Learn to Orienteer' course.

About the organiser

Sean O'Sullivan is a Scout leader in Deeside, has a T2 Hill walking permit and is a qualified orienteering coach with Mar Orienteering Club.

I am happy to answer any questions about:

- Scout rules
- Organisation on the day of each event
- How to run orienteering sessions as part of a balanced Scout program
- Requirements of the Navigators badge
- Risk assessments and emergency procedures
- Activity approval

Sean will provide a basic risk assessment for each event above in the scouting format. Leaders will need to customise this and prepare their own risk assessments for extra activities such as cooking, wide games, football or using the play park.

Contact Sean O'Sullivan juniors@marocscotland.org.uk

For more information about local clubs, visit:

<https://www.marocscotland.org.uk>

<https://www.grampoc.com>

<https://www.scottish-orienteering.org/>



Learn to Orienteer

One day workshop giving you the skills and confidence to navigate using an orienteering map

Date: 29th March
Location: Hazlehead Park
Aberdeen
Duration: 10-4

Join our one day beginner workshop and gain the skills and confidence to navigate with a map.

What you will learn:

- Understanding an orienteering map
- Using a compass
- Techniques to navigate a course on a map

No prior knowledge required – just a sense of adventure.

All physical activity at whatever level you choose. No special equipment needed.



For more information, scan the QR code or contact louise@scottish-orienteering.org

