

Urban Sprints 2026

First name	Surname	Club	Age Class	Urban Cat	Westburn	Duthie	Cove	RGU	ABZ Uni	League points
Gregor	Money	MAROC	M10	MJU16	100	24	28	100		152
Bethan	Smithard	GRAMP	W10	WJU16	29	26	33	100		88
Rowan	Matthews	GRAMP	W16	WJU16	19	100	32	100		151
Joanna	McDonald	GRAMP	W16	WJU16	40	100	14	100		154
Vaila	Paterson	GRAMP	W12	WJU16	100	29	100	28		157

Oli	Robertson	MAROC	M18	MJ	100	100	3	100		203
Samantha	McDonald	GRAMP	W18	WJ	100	8	5	4		17
Dara	Tivendale	MAROC	W16	WJ	100	100	100	11		211
Matthew	Humphreys	GRAMP	M21	Open	1	1	4	3		5
Jakub	Pitula	AUOC	M21	Open	5	3	2	2		7
Lachlan	Kirk	GRAMP	M21	Open	2	100	11	6		19
Daniel	Smith	AUOC	M21	Open	20	19	100	24		63

Gavin	Morrison	GRAMP	M21	Open	3	7	100	100		110
Tom	Robinson	GRAMP	M21	Open	100	6	12	100		118
Ian	Morrison	GRAMP	M21	Open	100	5	16	100		121
Margarita	Radeva	AUOC	W21	Open	4	4	9	100		17
Jane	Lenton	?	W21	Open	100	100	16	100		216
Kirsty	MacMillan	AUOC	W21	Open	30	100	100	100		230
Matthew	Thompson	GRAMP	M40	MV	100	1	1	5		7

Phil	Campbell	GRAMP	M40	MV	8	9	6	7		21
Daniel	Gravier		M40	MV	9	29	6	12		27
Adrian	Will	GRAMP	M50	MV	12	15	1	17		28
Nigel	Money	MAROC	M45	MV	14	16	19	15		45
Ali	Robertson	MAROC	M45	MV	100	12	8	100		120
David	Esson	GRAMP	M45	MV	100	27	100	26		153
Jo	Money	MAROC	W40	WV	100	25	29	22		76

Fiona	McDonald	GRAMP	W45	WV	100	11	100	13		124
Pete	Lawrence	GRAMP	M60	MSV	11	1	10	100		22
Tim	Griffin	GRAMP	M60	MSV	10	100	7	10		27
Alan	Dick	GRAMP	M60	MSV	100	1	23	16		40
Dennis	McDonald	GRAMP	M60	MSV	13	29	100	1		43
Bob	Sheridan	MAROC	M55	MSV	40	100	34	14		88
Alan	Bennett	MAROC	M60	MSV	100	100	15	9		124

David	Kirk	GRAMP	M55	MSV	100	100	21	19		140
Gary	Morrison	GRAMP	M60	MSV	18	100	100	32		150
Ian	Thomas	SROC	M55	MSV	15	100	100	100		215
Paul	Chapman	MAROC	M55	MSV	100	100	18	100		218
Laura	Farquharson	GRAMP	W55	WSV	16	17	100	100		133
Rachel	Scott	GRAMP	W60	WSV	100	20	24	100		144
Lorna	Graham	MAROC	W55	WSV	100	29	22	100		151

Lesley	Gomersall	GRAMP	W60	WSV	100	100	26	25		151
Jane	Bennett	MAROC	W60	WSV	100	100	30	27		157
Ros	Nicholson	GRAMP	W60	WSV	1	100	100	100		201
Carolyn	Dudley	MAROC	W60	WSV	22	100	100	100		222
Helen	Anderson	GRAMP	W60	WSV	23	100	100	100		223
Aileen	Salway	MAROC	W55	WSV	100	100	100	23		223
Jonathan	Lenton	MAROC	M65	MUV	17	100	27	29		73

Robert	Daly	GRAMP	M65	MUV	21	23	100	31		75
Eric	Lovie	GRAMP	M65	MUV	40	18	25	100		83
Iain	McLeod	GRAMP	M65	MUV	100	21	100	30		151
Nick	Hale	MAROC	M65	MUV	40	100	100	21		161
Sam	Gomersall	GRAMP	M65	MUV	100	100	20	100		220
Donald	Grassie	MOR	M70	MUV	25	100	100	100		225
Stuart	Anderson	GRAMP	M65	MUV	28	100	100	100		228

Oonagh	Grassie	GRAMP	W70	WUV	24	100	100	100		224
Alison	Lovie	GRAMP	W65	WUV	100	100	34	100		234
Pete	Rowbotham			Newcomer	7	14	100	100		121
Sam	Hughes			Newcomer	40	10	100	100		150
Jason	Guthrie		m21	Newcomer	100	100	100	18		218
Jason	Williamson			Newcomer	40	100	100	100		240
Tilly	Scott		W21	Newcomer	27	100	31	100		158

Kirsty	Guyan		Newcomer	40	22	100	100	162
Gemma	Rowbotham		Newcomer	6	100	100	100	206
Helene	Corrieu	W21	Newcomer	100	100	100	20	220
Rowena	Belding		Newcomer	26	100	100	100	226
Lois	Gall		Newcomer	100	28	100	100	228
Deborah	McPhee	?	Newcomer	100	100	34	100	234

Notes on rules and scoring

1. Only results from Long course included (only course offered at ALL events)
2. League points for each event = placing at that event.
3. Best 3 results from 5 count towards total. Lowest total wins.
4. Planner gets 1 point for forfeiting chance to run
5. If MP or DNF, equal last position points +1 awarded
6. If no run, dummy value of 100 points awarded otherwise

Urban O age categories:

MJU16 WJU16 (Under 16 and shadowed)

MJ WJ (Junior 16 – 20)

Open anyone can run in this category

MV WV (Vet 40 – 50)

MSV WSV (Supervet 55 – 60)

MUV WUV (Ultravet 65+)

the formula would count 3 zeroes, i.e. non-runs, as the winner!! Doh!

Best Newcomer