

Urban Sprints 2026

First name	Surname	Club	Age Class	Urban Cat	Westburn	Duthie	Cove	RGU	ABZ Uni	League points
Gregor	Money	MAROC	M10	MJU16	100	24	28			152
Bethan	Smithard	GRAMP	W10	WJU16	29	26	33			88
Rowan	Matthews	GRAMP	W16	WJU16	19	100	32			151
Joanna	McDonald	GRAMP	W16	WJU16	40	100	14			154
Vaila	Paterson	GRAMP	W12	WJU16	100	29	100			229
Oli	Robertson	MAROC	M18	MJ	100	100	3			203
Samantha	McDonald	GRAMP	W18	WJ	100	8	5			113
Matthew	Humphreys	GRAMP	M21	Open	1	1	4			6
Jakub	Pitula	AUOC	M21	Open	5	3	2			10
Gavin	Morrison	GRAMP	M21	Open	3	7	100			110
Lachlan	Kirk	GRAMP	M21	Open	2	100	11			113
Tom	Robinson	GRAMP	M21	Open	100	6	12			118
Ian	Morrison	GRAMP	M21	Open	100	5	16			121
Daniel	Smith	AUOC	M21	Open	20	19	100			139
Margarita	Radeva	AUOC	W21	Open	4	4	9			17
Jane	Lenton	?	W21	Open	100	100	16			216
Kirsty	MacMillan	AUOC	W21	Open	30	100	100			230
Phil	Campbell	GRAMP	M40	MV	8	9	6			23
Adrian	Will	GRAMP	M50	MV	12	15	1			28
Daniel	Gravier		M40	MV	9	29	6			44
Nigel	Money	MAROC	M45	MV	14	16	19			49
Matthew	Thompson	GRAMP	M40	MV	100	1	1			102
Ali	Robertson	MAROC	M45	MV	100	12	8			120
David	Esson	GRAMP	M45	MV	100	27	100			227
Jo	Money	MAROC	W40	WV	100	25	29			154
Fiona	McDonald	GRAMP	W45	WV	100	11	100			211

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Pete	Lawrence	GRAMP	M60	MSV	11	1	10			22
Tim	Griffin	GRAMP	M60	MSV	10	100	7			117
Alan	Dick	GRAMP	M60	MSV	100	1	23			124
Dennis	McDonald	GRAMP	M60	MSV	13	29	100			142
Bob	Sheridan	MAROC	M55	MSV	40	100	34			174
Alan	Bennett	MAROC	M60	MSV	100	100	15			215
Ian	Thomas	SROC	M55	MSV	15	100	100			215
Gary	Morrison	GRAMP	M60	MSV	18	100	100			218
Paul	Chapman	MAROC	M55	MSV	100	100	18			218
David	Kirk	GRAMP	M55	MSV	100	100	21			221
Laura	Farquharson	GRAMP	W55	WSV	16	17	100			133
Rachel	Scott	GRAMP	W60	WSV	100	20	24			144
Lorna	Graham	MAROC	W55	WSV	100	29	22			151
Ros	Nicholson	GRAMP	W60	WSV	1	100	100			201
Carolyn	Dudley	MAROC	W60	WSV	22	100	100			222
Helen	Anderson	GRAMP	W60	WSV	23	100	100			223
Lesley	Gomersall	GRAMP	W60	WSV	100	100	26			226
Jane	Bennett	MAROC	W60	WSV	100	100	30			230
Eric	Lovie	GRAMP	M65	MUV	40	18	25			83
Jonathan	Lenton	MAROC	M65	MUV	17	100	27			144
Robert	Daly	GRAMP	M65	MUV	21	23	100			144
Sam	Gomersall	GRAMP	M65	MUV	100	100	20			220
Iain	McLeod	GRAMP	M65	MUV	100	21	100			221
Donald	Grassie	MOR	M70	MUV	25	100	100			225
Stuart	Anderson	GRAMP	M65	MUV	28	100	100			228
Nick	Hale	MAROC	M65	MUV	40	100	100			240
Oonagh	Grassie	GRAMP	W70	WUV	24	100	100			224
Alison	Lovie	GRAMP	W65	WUV	100	100	34			234

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Pete	Rowbotham			Newcomer	7	14	100			121
Sam	Hughes			Newcomer	40	10	100			150
Jason	Williamson			Newcomer	40	100	100			240
Tilly	Scott		W21	Newcomer	27	100	31			158
Kirsty	Guyan			Newcomer	40	22	100			162
Gemma	Rowbotham			Newcomer	6	100	100			206
Rowena	Belding			Newcomer	26	100	100			226
Lois	Gall			Newcomer	100	28	100			228
Deborah	McPhee		?	Newcomer	100	100	34			234

Notes on rules and scoring

1. Only results from Long course included (only course offered at ALL events)
2. League points for each event = placing at that event.
3. Best 3 results from 5 count towards total. Lowest total wins.
4. Planner gets 1 point for forfeiting chance to run
5. If MP or DNF, equal last position points +1 awarded
6. If no run, dummy value of 100 points awarded otherwise the formula would count 3 zeroes, i.e. non-runs, as the winner!! Doh!

Urban O age categories:

MJU16 WJU16 (Under 16 and shadowed)

MJ WJ (Junior 16 – 20)

Open anyone can run in this category

MV WV (Vet 40 – 50)

MSV WSV (Supervet 55 – 60)

MUV WUV (Ultravet 65+)

Best Newcomer